

# New Books

Spring 2026



THE UNIVERSITY OF  
SOUTH CAROLINA PRESS

# *Foraging Wild Herbs* is a hands-on guide on how to identify, ethically harvest, and use 30 healing plants of the Coastal Carolinas



April Punsalan highlights wild herbs found throughout the coastal South, from Virginia to Louisiana

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**FRONT COVER:** Blanket-flower (*Gaillardia pulchella*). **BACK COVER:** Common Germander (*Teucrium canadense*).  
**ABOVE:** Winged Sumac (*Rhus copallinum* var. *copallinum*) and Eastern Horsemint (*Monarda punctata* var. *punctata*).  
All photos by April Punsalan. Photos are featured in the forthcoming book *Foraging Wild Herbs* by April Punsalan.



**Discover the healing power of wild herbs and transform them into potent remedies for everyday wellness**

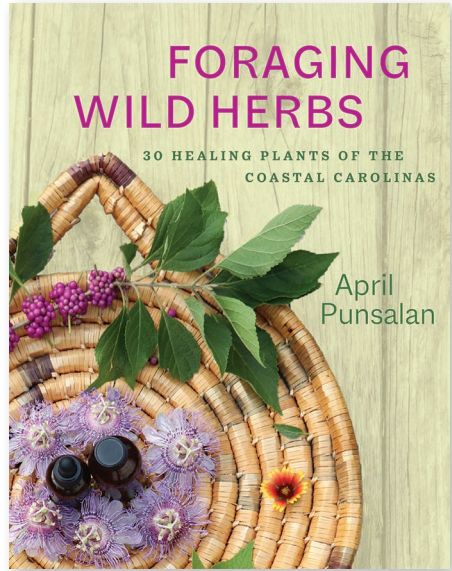
*Foraging Wild Herbs: 30 Healing Plants of the Coastal Carolinas* is a hands-on guide for anyone seeking to connect with the wild herbs growing around them. Grounded in botanical science and traditional herbalism, this book teaches readers to confidently identify, ethically harvest, and use thirty healing plants.

From the calming blooms of passionflower to the potent inner bark of magnolia, the featured herbs offer a spectrum of support. April Punsalan highlights the most common and potent wild herbs found not only along the North and South Carolina coasts but also throughout the coastal South, from Virginia to Louisiana. Punsalan shares: identification and foraging tips; historical and modern uses; and scientific research supporting each herb's therapeutic benefits, preparation methods, and how to grow the herb at home. Each entry features color photographs and a botanical illustration.



**APRIL PUNSALAN** is the founder of Wild Herb Academy, an online school dedicated to teaching people how to identify, forage, and prepare wild herbs for healing. She lives in coastal South Carolina and shares her knowledge on Instagram [@wildherbacademy](https://www.instagram.com/wildherbacademy).

**ABOVE:** April Punsalan by Kim McIntyre.



# Foraging Wild Herbs

## *30 Healing Plants of the Coastal Carolinas*

**APRIL PUNSALAN**

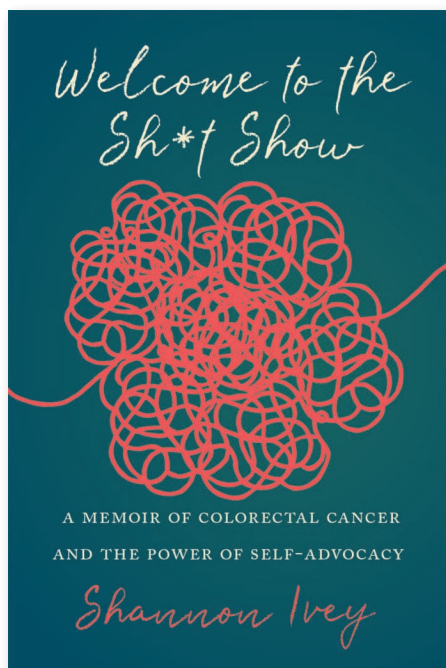
**APRIL**

7 x 9, 240 pages, 62 color and 30 b&w illus.

**\$24.99t** paper 978-1-64336-529-9

**\$24.99** ebook

**NATURE/Foraging**



# Welcome to the Sh\*t Show

*A Memoir of Colorectal Cancer and the Power of Self-Advocacy*

**SHANNON IVEY**

**FEBRUARY**

5.5 x 8.25, 224 pages, 1 b&w illus.

**\$24.99t** cloth 978-1-64336-635-7

**\$24.99** ebook

**MEMOIR/Medical**

“Shannon’s authenticity and fierce self-advocacy are an inspiring model for anyone navigating hard times.”

—KATHERINE BURKE, DIRECTOR,  
PROGRAM IN MEDICAL HUMANITIES,  
CLEVELAND CLINIC LERNER  
COLLEGE OF MEDICINE

**For colorectal cancer patients and the people who care for them, a clear-eyed account of one woman’s fight to survive**

As a single working parent, the last thing on Shannon Ivey’s mind in 2016 was her own health. Then she was diagnosed with late-stage III colorectal cancer. Colorectal cancer is now the second-leading cause of cancer deaths in the United States, and Shannon discovered that she was part of a trend of younger people receiving the diagnosis.

In *Welcome to the Sh\*t Show*, Shannon delivers a frank account of her journey from diagnosis through grueling treatment and arriving at her “new normal.” She shares candid insights into the physical and emotional toll of treatment, social expectations, systemic inequities, and structural and internalized ableism. Her compelling memoir is a testament to the necessity of self-advocacy. Shannon’s honesty, resilient spirit, and biting humor transform a terrifying experience into a powerful message of hope, urging readers to fight for a life worth living, no matter the odds.



**SHANNON IVEY** is an International Coaching Federation-certified professional coach and has served as an empowered patient leader in Colontown, the leading online support group for people with colorectal cancer.

**ABOVE:** Shannon Ivey by Nora Williams.

## The extraordinary story of a war fought by ordinary people

In *Backcountry Resistance*, Carl P. Borick delivers a groundbreaking account of the citizen militias that defied British forces in South Carolina's volatile Backcountry during the pivotal Southern campaign of the Revolutionary War.

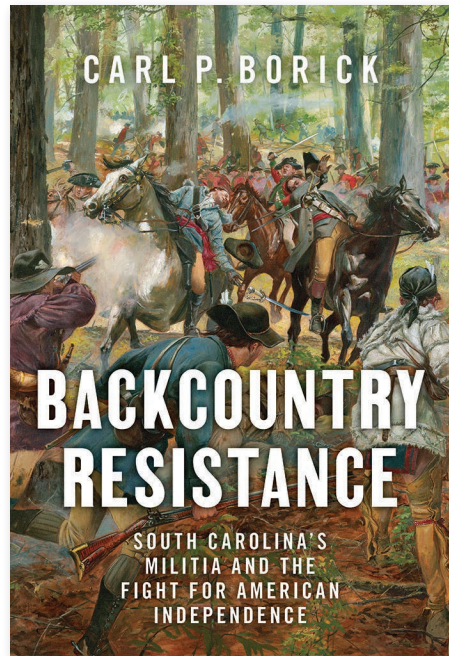
Focusing on rank-and-file militiamen, Borick explores how these ordinary men were recruited, armed, fed, and motivated. Drawing on underused pension records and state claims, he reconstructs their everyday realities and their battlefield experiences. He also examines the war's devastating effects on civilians, including enslaved people and women, who played crucial roles in the struggle.

Richly detailed and grounded in the human experience of warfare, *Backcountry Resistance* offers the most comprehensive portrait to date of South Carolina's militia during the decisive years of the American War of Independence.



**CARL P. BORICK** is director of The Charleston Museum and a leading historian of the Revolutionary War in South Carolina. He is author of *A Gallant Defense: The Siege of Charleston, 1780* and *Relieve Us of This Burthen: American Prisoners of War in the Revolutionary South, 1780–1782*.

**ABOVE:** Carl P. Borick courtesy of SC250 Charleston.



# Backcountry Resistance

*South Carolina's Militia  
and the Fight for  
American Independence*

**CARL P. BORICK**

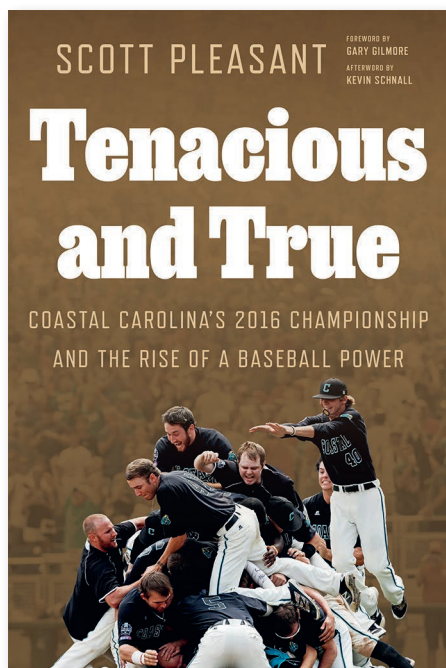
**MARCH**

6 x 9, 272 pages, 20 b&w illus.

**\$27.99t** cloth 978-1-64336-555-8

**\$27.99** ebook

**HISTORY/American Revolution**



# Tenacious and True

*Coastal Carolina's  
2016 Championship and the  
Rise of a Baseball Power*

**SCOTT PLEASANT**  
Foreword by **GARY GILMORE**  
Afterword by **KEVIN SCHNALL**

## MARCH

6 x 9, 288 pages, 27 b&w illus.  
**\$26.99t** cloth 978-1-64336-588-6  
**\$26.99** ebook  
**SPORTS/Baseball**

## An improbable dream fulfilled in one unforgettable summer

In 2016, a Conway, South Carolina, mid-major baseball team that had once played on borrowed fields and traveled in hand-me-down vans shocked the college baseball world. Veteran head coach Gary Gilmore, who had spent two decades building the program into a national power, led the Coastal Carolina Chanticleers to capture their first College World Series title in dramatic fashion.

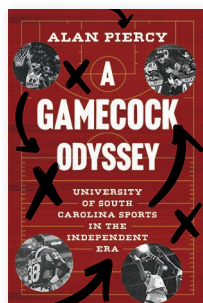
At the heart of that victory were players like G. K. Young, a Conway native and lightly recruited power hitter, whose towering home run in the deciding game ensured victory and completed Coastal Carolina's improbable run to the top. Alongside teammates like short-stop Michael Paez and ace pitcher Andrew Beckwith, Young embodied the grit and determination that defined Gilmore's program.

*Tenacious and True* tells the story behind that unforgettable season, capturing the voices of the players, coaches, and devoted fans who made it happen. Gifted storyteller Scott Pleasant brings readers into the dugout with a story of persistence, pride, and what it means to belong to a team—and a town.

## ALSO OF INTEREST

A GAMECOCK  
ODYSSEY  
*University of South  
Carolina Sports in  
the Independent Era*  
Alan Piercy

\$19.99t paper  
978-1-64336-609-8  
\$44.99s cloth  
978-1-64336-448-3



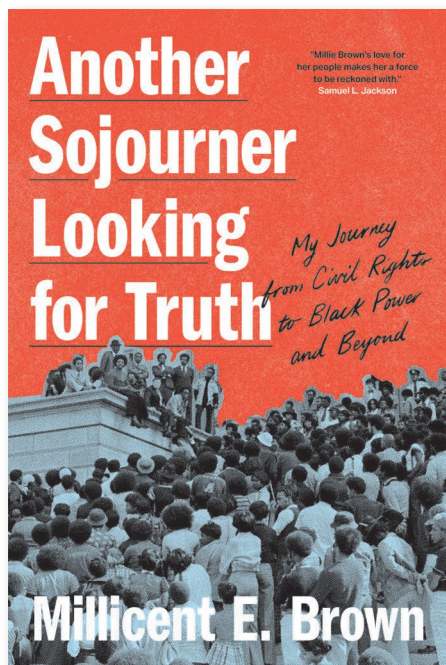




**SCOTT PLEASANT** is director of the writing center at Coastal Carolina University and is coauthor of *Lines of Scrimmage*.

**TOP:** On-field celebration after winning the 2008 Conway Regional. **MIDDLE-LEFT:** Coach Gary Gilmore, who lead the CCU baseball program from 1996-2024, doing what he loves most. **MIDDLE-RIGHT** G. K. Young rounding the bases and signaling "Coastal is #1" after hitting the winning home run in game three of the 2016 College World Series. Photos courtesy of Coastal Carolina. **BOTTOM:** Scott Pleasant courtesy of Coastal Carolina University.

# New in Paper



## Another Sojourner Looking for Truth

*My Journey from Civil Rights  
to Black Power and Beyond*

**MILLICENT E. BROWN**

**FEBRUARY**

6 x 9, 224 pages, 39 b&w illus.

**\$18.99t** paper 978-1-64336-677-7

**\$18.99** ebook

**CIVIL RIGHTS/Memoir**

CLOTH EDITION 2024 978-1-64336-491-9

“Brown’s memoir illustrates that she has earned her cred as an outspoken, thoughtful critic. We’d do well to listen (and read).”

—CHARLESTON MAGAZINE

Millicent E. Brown’s family home at 270 Ashley Avenue in Charleston, South Carolina, was a hub of civil rights activity. Growing up in that environment gave her an intimate understanding of the fight for racial justice and set her on a lifelong path of activism. Best known as the named plaintiff in the 1963 federal case that desegregated South Carolina’s public schools, Brown’s activism extended far beyond her state and youth.

*Another Sojourner Looking for Truth* offers her candid reflections on the search for freedom in a nation rooted in white supremacy and violence against people of color. She recounts fears, doubts, and the pressures of being a teenager expected to “represent the race” while countering stereotypes. The memoir also examines the personal costs of white backlash and the strategic debates within the movement. Brown’s story informs, inspires, and challenges readers to confront the enduring struggles for racial justice.

**MILLICENT E. BROWN** is a retired associate professor of history at Claflin University. She is a lifelong community advocate.

### ALSO OF INTEREST

**STRUGGLING  
TO LEARN**

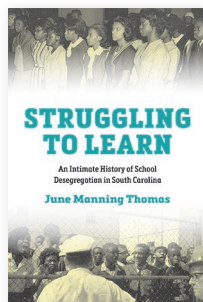
*An Intimate History of  
School Desegregation  
in South Carolina*  
June Manning Thomas

\$22.99t paper

978-1-64336-525-1

\$54.99s cloth

978-1-64336-259-5

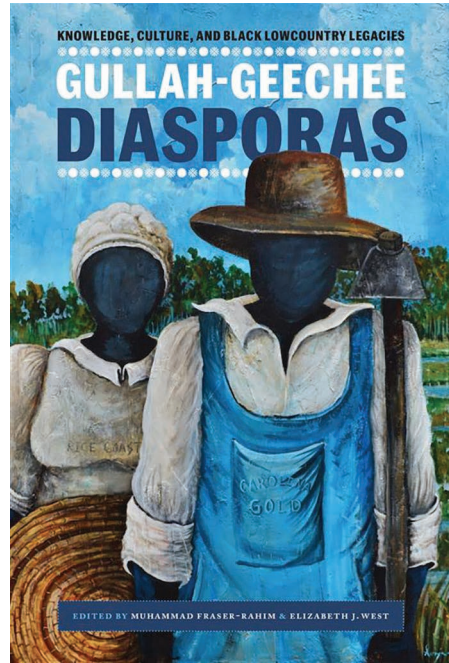




## Mapping the Gullah-Geechee diaspora across time and space

*Gullah-Geechee Diasporas* counters romantic portrayals of Gullah-Geechee culture as a static, geographically isolated remnant of the past. Across eight interdisciplinary essays, the book's contributors trace an arc, described in time and space, from pre-Middle Passage Africa through the Caribbean and coastal United States into the interior South and beyond. They consider how Gullah-Geechee cultural traditions are simultaneously rooted in the physical Lowcountry homeland and represent a dynamic cultural ethos that is not bounded by geography and has shaped Black life across North America and the Caribbean Basin. Together, these essays reveal the resilience and adaptability of people whose history defies myths of isolation and immobility. *Gullah-Geechee Diasporas* is a fresh framework for understanding African American cultural origins, migrations, and transformations.

**MUHAMMAD FRASER-RAHIM** is associate professor of Intelligence and Security Studies at The Citadel. He is the author of *America's Other Muslims* and *Gullah Geechee Muslims in America*. **ELIZABETH J. WEST** is professor of English and the John B. and Elena Diaz-Verson Amos Distinguished Chair in English Letters at Georgia State University. Her books include *Finding Francis* and *African Spirituality in Black Women's Fiction*.



# Gullah-Geechee Diasporas

*Knowledge, Culture, and Black Lowcountry Legacies*

Edited by  
**MUHAMMAD FRASER-RAHIM**  
and **ELIZABETH J. WEST**

## ALSO OF INTEREST

**GULLAH SPIRITUALS**  
*The Sound of Freedom and Protest in the South Carolina Sea Islands*  
Eric Sean Crawford

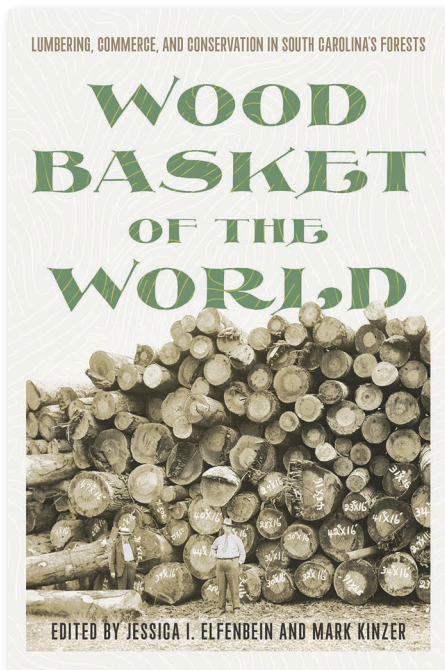
\$29.99s paper  
978-1-64336-190-1  
\$54.99s cloth  
978-1-64336-189-5



## JULY

6 x 9, 224 pages, 15 b&w illus.  
**\$29.99s** paper 978-1-64336-639-5  
**\$114.99s** cloth 978-1-64336-545-9  
**\$29.99** ebook

**AFRICAN AMERICAN STUDIES**



# Wood Basket of the World

*Lumbering, Commerce,  
and Conservation in  
South Carolina's Forests*

Edited by  
**JESSICA I. ELFENBEIN**  
and **MARK KINZER**

**MAY**

6 x 9, 288 pages, 28 b&w illus.

**\$29.99s** paper 978-1-64336-618-0

**\$74.99s** cloth 978-1-64336-647-0

**\$0.00** open access ebook

**SOUTH CAROLINA HISTORY & CULTURE/  
Environmental Conservation**

## Tracing South Carolina's hidden history of lumber, labor, and forest conservation across two centuries

South Carolina's forests have long shaped the state's economy, landscapes, and labor practices, but their history has remained surprisingly understudied. *Wood Basket of the World* brings together essays that explore how lumbering, wood-product manufacturing, and forest conservation transformed the state's sandhills and coastal plain from the late nineteenth century to the present.

Featuring contributions from both emerging and established scholars, the essays in the volume examine how South Carolina became central to the global timber economy while also serving as a testing ground for labor organizing, environmental reform, and conservation movements.

Engaging environmental, economic, and social history, this collection offers new insight into the industries, people, and policies that have shaped South Carolina's wooded landscapes—and the national conversations they continue to inform.

**JESSICA I. ELFENBEIN** is professor of history at the University of South Carolina and an award-winning public historian. She is the principal investigator for the ongoing multifaceted "Wood Basket of the World" project.

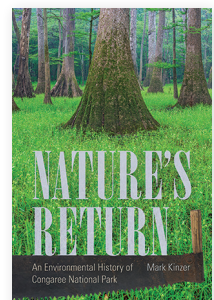
**MARK KINZER** recently retired from the National Park Service and is trained as a lawyer. He is also author of *Nature's Return*.

### ALSO OF INTEREST

#### NATURE'S RETURN

*An Environmental History of Congaree National Park*  
Mark Kinzer

\$41.99s cloth  
978-1-61117-766-4



## An unlikely champion of modern faith in the heart of the New South

In *New Christianity for the New South*, Paul Anthony Sanchez examines the life and legacy of William Louis Poteat, influential president of Wake Forest College and a key figure in the rise of theological liberalism in the early twentieth-century Baptist South. At a time when Southern religious culture largely resisted modern intellectual trends, Poteat argued that science and faith could coexist and Protestantism must adapt to a world shaped by contemporary science.

Sanchez places Poteat's career within the broader cultural and political context of the New South, examining how debates over evolution, biblical interpretation, education, and social order unsettled both the Baptist Church and Southern society. Although the New South's rising professional class praised Poteat for modernizing the region's image, critics resented his self-appointed leadership and progressive theology.

Sanchez shows how, despite resistance, Poteat remained within the Baptist denomination where he promoted a progressive Christianity that was shaped by modern ideas and sensibilities. Poteat's story illuminates the broader trends in the modernization of the American South.

**PAUL ANTHONY SANCHEZ** is assistant professor of religion at Oklahoma Baptist University and author of *California Dreaming*.

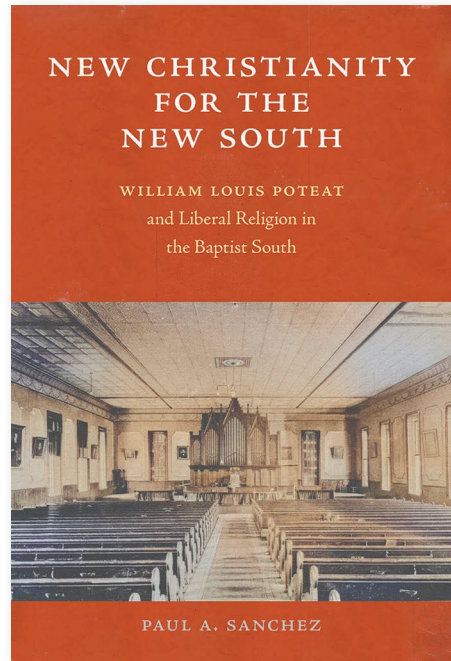
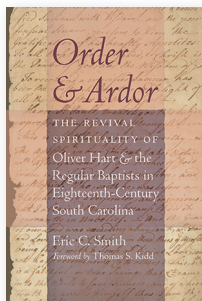
### ALSO OF INTEREST

#### ORDER AND ARDOR

*The Revival Spirituality of Oliver Hart and the Regular Baptists in Eighteenth-Century South Carolina*

Eric C. Smith  
Foreword by  
Thomas S. Kidd

\$46.99s cloth  
978-1-61117-878-4



# New Christianity for the New South

*William Louis Poteat  
and Liberal Religion  
in the Baptist South*

**PAUL ANTHONY SANCHEZ**

**JULY**

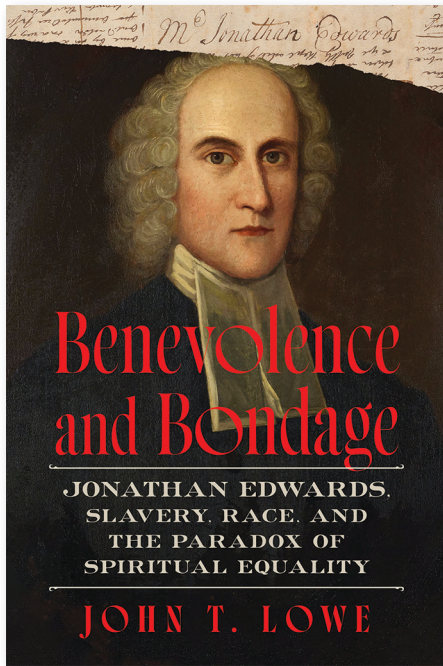
6 x 9, 264 pages

**\$44.99s** cloth 978-1-64336-631-9

**\$44.99** ebook

**RELIGIOUS STUDIES/Biography**





# Benevolence and Bondage

*Jonathan Edwards, Slavery, Race, and the Paradox of Spiritual Equality*

JOHN T. LOWE

JUNE

6 x 9, 248 pages

**\$44.99s** cloth 978-1-64336-564-0

**\$44.99** ebook

RELIGIOUS STUDIES/History

## How Jonathan Edwards's theology of equality laid foundations for early American abolitionism

In this groundbreaking book, John T. Lowe reexamines Jonathan Edwards's legacy by focusing on the intersections among slavery, race, and theology. Connecting seemingly disparate aspects of Edwards's life and thought, Lowe offers a powerful new interpretation of one of America's most influential theologians.

While Edwards was himself an enslaver, his theological writings—especially his concept of “civil-spiritual dualism”—provided impetus for some of his followers to embrace abolitionism. Through close analysis of sermons, letters, and personal writings, Lowe reveals the tensions and transformations within Edwards's thought. The theological, social, and political implications of this revivalist preacher's private and public ideas extended beyond New England and shaped debates across the early American republic.

*Benevolence and Bondage* challenges familiar narratives about Edwardsean thought and the theological roots of the antislavery movement. Lowe clarifies Edwards's theological position and reframes how religious ideas both supported and disrupted slavery. Bridging history and theology, Lowe contributes significantly to the Edwards renaissance and confronts uncomfortable truths at the heart of the American colonial project.

**JOHN T. LOWE** is currently a senior lecturer of history at the University of Louisville.

### ALSO OF INTEREST

#### SOUTHERN SHEPHERDS, SAVAGE WOLVES

*Presbyterian Domestic Missionaries and Race in South Carolina, 1802–1874*

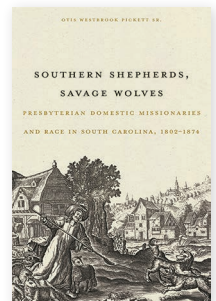
Otis Westbrook Pickett Sr.

\$27.99s paper

978-1-64336-637-1

\$54.99s cloth

978-1-64336-614-2



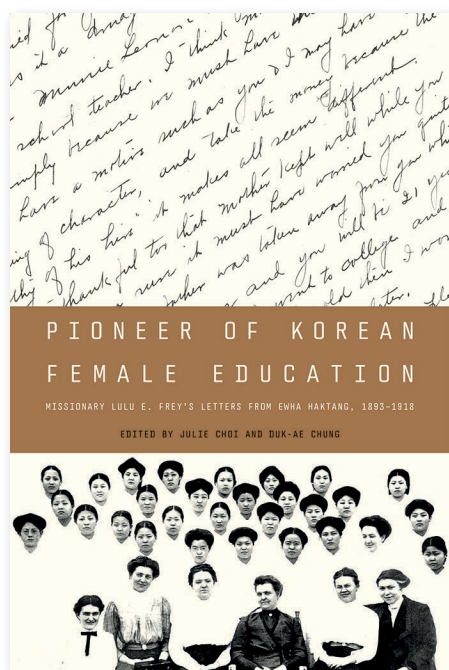
## The American who opened women's higher education in Korea

Lulu E. Frey served in Korea for the Woman's Foreign Missionary Society of the Methodist Episcopal Church beginning in 1893. She became a teacher and later principal at Ewha, the country's first girls' school. There, Christian principles were taught along with academic subjects, hygiene, and the sanctity of the woman-centered domestic sphere. The precepts of evangelical Christianity merged with seemingly liberating ideals of modernity. In 1910, the year Japan officially annexed Korea, Frey established Ewha's college program. Many of the young women who studied at Ewha became the first female teachers, nurses, and doctors in Korea and joined a rising cohort of "New Women" across East Asia.

These previously unpublished letters offer intimate insight into the work of running, expanding, and raising funds for a school during the political turmoil and wars that marked the end of the Joseon Dynasty, the short-lived Korean Empire, and the first decade of Japanese occupation.

**JULIE CHOI** is professor of English at Ewha Womans University, Seoul, South Korea.

**DUK-AE CHUNG** is professor emerita of English, also at Ewha Womans University.



# Pioneer of Korean Female Education

*Missionary Lulu E. Frey's  
Letters from Ewha Haktang,  
1893-1918*

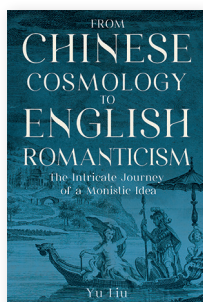
Edited by  
**JULIE CHOI and DUK-AE CHUNG**

## ALSO OF INTEREST

FROM CHINESE  
COSMOLOGY  
TO ENGLISH  
ROMANTICISM

*The Intricate Journey  
of a Monistic Idea*  
Yu Liu

\$44.99s cloth  
978-1-64336-380-6



**APRIL**

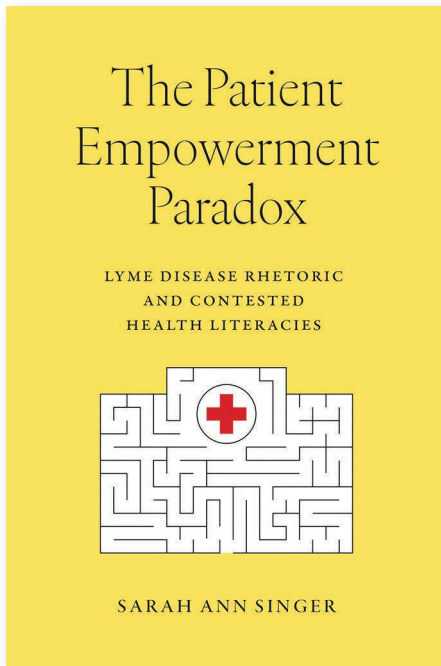
6 x 9, 352 pages, 5 b&w illus.

**\$0.00** open access ebook

*East-West Encounters in Literature and Cultural Studies*

Bennett Yu-Hsiang Fu, Paul Allen Miller,  
and Chi-she Li, series editors

**RELIGIOUS STUDIES/Christian Missions**



# The Patient Empowerment Paradox

*Lyme Disease Rhetoric and Contested Health Literacies*

**SARAH ANN SINGER**

## FEBRUARY

6 x 9, 256 pages, 4 b&w illus.

**\$29.99s** paper 978-1-64336-653-1

**\$114.99s** cloth 978-1-64336-531-2

**\$29.99** ebook

**RHETORIC & COMMUNICATION/Health**

“This insightful analysis shows what happens when patients take their health matters into their own hands, exposing the limits of patient empowerment.”

—LISA B. KERÄNEN, AUTHOR OF  
*SCIENTIFIC CHARACTERS*

## How chronic Lyme sheds new light on the rhetorical problem of patient empowerment

Modern medicine expects patients to be informed and empowered partners in their own care. However, when this care system fails to provide answers, many individuals with chronic and contested illnesses take matters into their own hands. These patients often seek treatment from providers who validate their self-diagnoses and prescribe unproven medical regimens. Sarah Ann Singer terms this dynamic the “patient empowerment paradox.”

In *The Patient Empowerment Paradox*, Singer analyzes published narratives, interviews, healthcare provider websites, a patient data bank, and her own experience as a patient. She reveals how individuals become entangled in medical debates, misinformation, and decision fatigue that prevent them from healing. For Lyme researchers and scholars of other chronic and contested illnesses, this book provides a framework to better understand the rhetoric of medical uncertainty and lays the groundwork for improved patient outcomes.

**SARAH ANN SINGER** is associate professor of English at the University of Central Florida. She has published articles in journals including *Rhetoric of Health and Medicine*, *Composition Forum*, and *College English*.

## ALSO OF INTEREST

### ENDURING SHAME

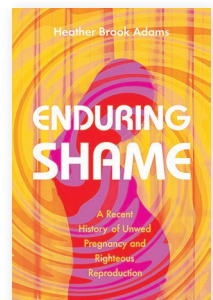
*A Recent History of Unwed Pregnancy and Righteous Reproduction*  
Heather Brook Adams

\$ 29.99s paper

978-1-64336-294-6

\$114.99s cloth

978-1-64336-293-9





## How the COVID-19 pandemic revealed gendered inequities in academic labor—and how to overcome them

Although the COVID-19 pandemic that began in 2020 proved universally challenging, women, especially, found themselves caught between professional and familial responsibilities as work and homelife boundaries converged and collapsed. These gendered workplace struggles were not unique to the pandemic, but rather were exacerbated and exposed by the public health response. In *Blurred Boundaries*, scholars, teachers, and administrators pair eyewitness narratives with sustained interrogation of interminable labor inequities to demonstrate the ongoing dilemmas posed by gendered social and professional expectations.

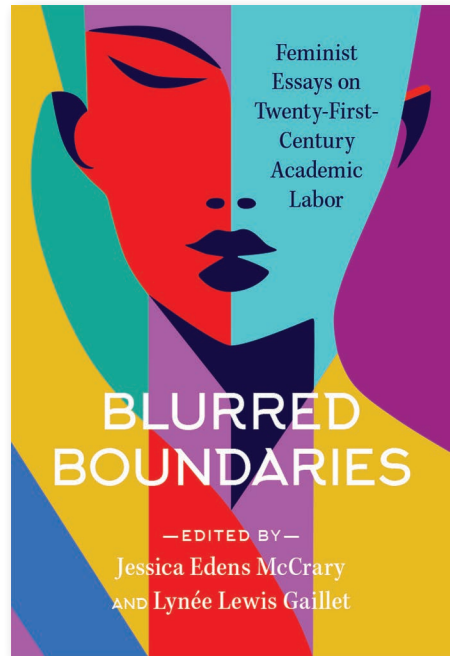
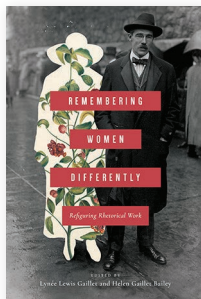
Grounded in rhetoric and composition scholarship and feminist methodologies, contributors highlight systemic labor issues and suggest solutions to these embedded, ongoing problems. They pose critical questions regarding institutions' responsibilities for engaging intentional decision-making practices both to disrupt recurrent work imbalances and to support sustainable, ethically managed academic labor practices.

**JESSICA EDENS MCCRARY** is associate director of the National Scholarships & Fellowships Program at Emory University. **LYNÉE LEWIS GAILLET** is Distinguished University Professor of English at Georgia State University.

### ALSO OF INTEREST

REMEMBERING  
WOMEN DIFFERENTLY  
*Refiguring Rhetorical Work*  
Edited by  
Lynée Lewis Gaillet  
and Helen Gaillet Bailey

\$54.99s cloth  
978-1-61117-979-8



# Blurred Boundaries

*Feminist Essays on Twenty-  
First-Century Academic Labor*

Edited by  
**JESSICA EDENS MCCRARY**  
and **LYNÉE LEWIS GAILLET**  
Afterword by  
**JESSICA ENOCH**

**APRIL**

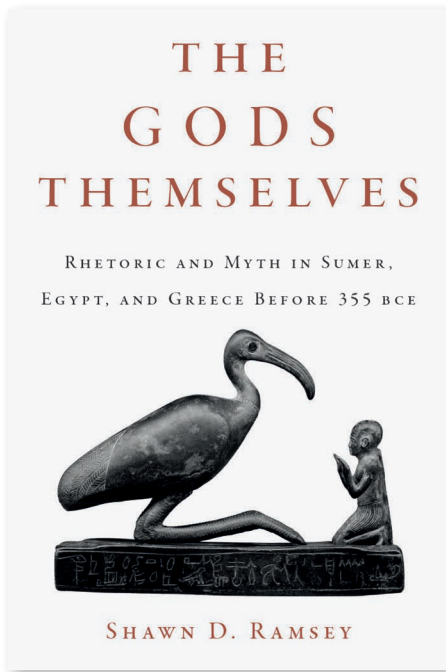
6 x 9, 272 pages, 7 b&w illus.

**\$29.99s** paper 978-1-64336-649-4

**\$114.99s** cloth 978-1-64336-585-5

**\$29.99** ebook

**RHETORIC & COMMUNICATION/  
Higher Education**



# The Gods Themselves

*Rhetoric and Myth in Sumer,  
Egypt, and Greece  
Before 355 BCE*

**SHAWN D. RAMSEY**

Foreword by **RICHARD LEO ENOS**

**JUNE**

6 x 9, 224 pages, 14 b&w illus.

**\$29.99s** paper 978-1-64336-650-0

**\$74.99s** cloth 978-1-64336-619-7

**\$0.00** open access ebook

**RHETORIC & COMMUNICATION/Ancient History**

“Ramsey reveals the impact of early Eastern thought on Western intellectual history through rhetoric.”

—**RICHARD LEO ENOS, PROFESSOR  
EMERITUS, TEXAS CHRISTIAN  
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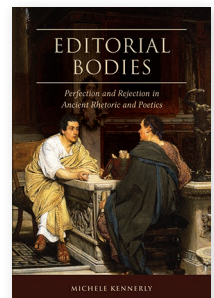
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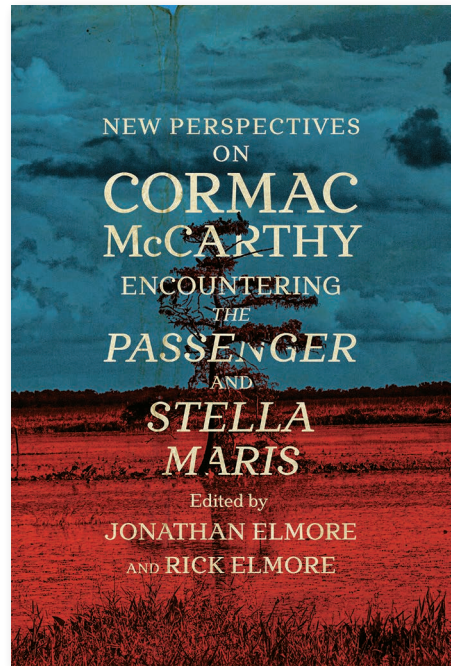
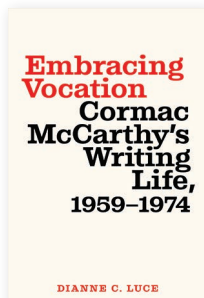
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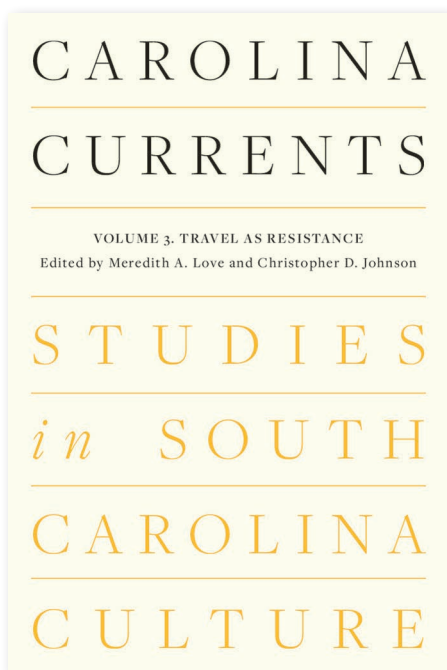
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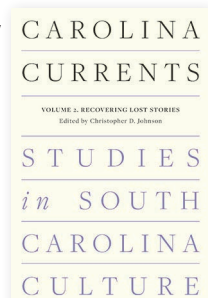
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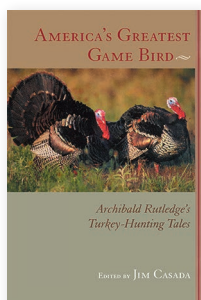
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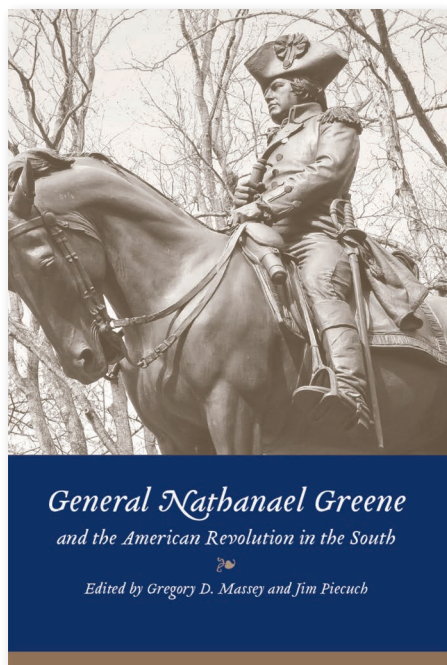
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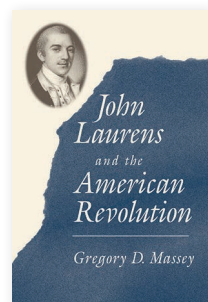
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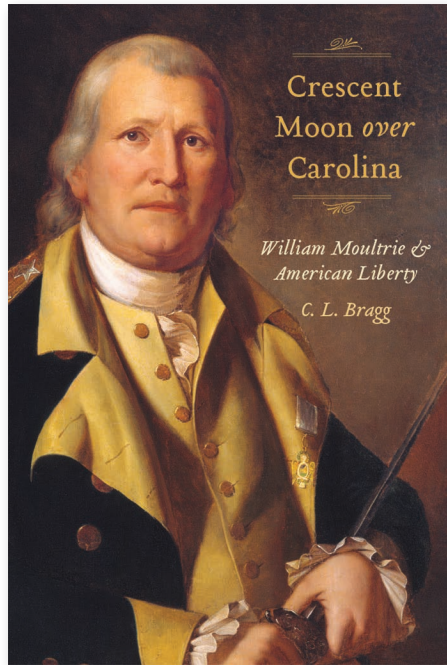
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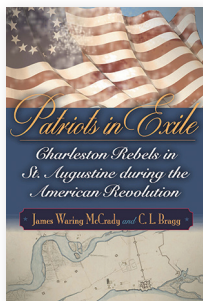
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